

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



May 2014

Emmitsburg Senior Center Older Americans Month

				1 Strength Training @10 Pinochle @ 12:30 May Day	2 Walkers meet @ 9am Canasta @ 12:30	3
4 Walkers 9am Bowlers meet @ 12:15 Art class 1:30-3 Cinco de Mayo	5	6 Strength Training @ 10 Cards, games & puzzles 10-2	7 Walkers 9am Bridge @ 12:30 Backyard Birding @ 7pm	8 Strength Training @10 Pinochle @ 12:30	9 Walkers meet @ 9am Canasta @ 12:30	10 DOA Summer Trip Registration opens May 13 th at All Senior Centers. Sign up soon, trips fill fast!
11 (MAP) Maryland Access Point Info & Assistance w/ Kathy Schey Mother's Day	12 Walkers 9am Bowlers meet @ 12:15 Art class 1:30-3	13 Strength Training @ 10 Cards, games & puzzles 10-2	14 Older Americans Celebration & Open House Bingo @ 1pm	15 Strength Training @10 I&A with Elly @10 Pinochle @ 12:30	16 Walkers meet @ 9am Canasta @ 12:30	17 Armed Forces Day
18 Nurse Steve: How do I make sure my doctor knows what I want?	19 Walkers 9am Bowlers meet @ 12:15 Art class 1:30-3	20 Strength Training @ 10 MAP @ 10 Kathy Schey Nurse Steve @ 11 BPs. & talk	21 Walkers @ 9am Bridge @ 12:30 Cards & puzzles	22 Strength Training @10 Pinochle @ 12:30	23 Walkers meet @ 9am Canasta @ 12:30	24
25	26 Walkers 9am Bowlers meet @ 12:15 Art class 1:30-3 Memorial Day	27 Strength Training @ 10 Care Connection Brunch @ 11	28 Fit to a T Speaker Amy Harris on Bone Health @ 11 '500' Card party 7pm.	29 Strength Training @10 Pinochle @ 12:30	30 Center is closed Senior Carnival @ Frederick Senior Center 10-2	31